



Four Square

A fast moving & quick paced competitive game, which your young people will love and will want to play over and over again!

How?

'Four Square' is a game which aims to eliminate players in higher squares, in order to take control of square one.

For the set up, you need to mark a large square on the floor, with four equal squares marked inside. Numbers them 1 to 4, with 1 and 4 opposite each other. Put a player in each box. Any extra players join the queue to enter the game when a player is eliminated. All eliminated players join the back of the queue.

- Player 1 always serves from the corner of their box.
- The server must drop the ball in their square and hit it directly into box 4 opposite them.
- The ball must bounce inside the square before being hit directly into another players box.
- The ball must only bounce once inside a box, before being hit into another players box.
- This carries on until a player makes a mistake and is eliminated Mistakes are if the ball goes out of bounds or bounces twice.
- If the ball hits an inside line, this is classed as out. If the ball hits an outside line, this is classed as in.
- Players can hit the ball from outside of their box if they need to
- When a player is eliminated, players move up to the next highest available square, with the aim of reaching box one. New players join the game at box 4 each time.
- The player who lasts longest in box one is the winner.

Equipment Required:

- Ball (one which bounces well)
- Something to mark the floor (Chalk, tape etc)

Details:

Age - Company / Seniors

Cost - None

Time - 20+ Minutes

Difficulty - 3/5



Northamptonshire Boys' Brigade— The Adventure Begins Here

