



Sinking Islands

A really simple game to play with your Anchors, which uses very little equipment or planning. Great for a last minute filler.

How?

Before you play the game, you will need to write down numbers on separate pieces of paper, which you can spread around the floor of your room - these will make up the islands for this game.

You will need to have the same number of islands as young people. So for example if you have 10 young people, you need 10 pieces of paper on the floor, numbered 1 to 10.

Firstly, get your young people to run around the room, until you shout 'Islands'. At which point all the young people need to chose an island to stand on. Each island can only have one person on it. Once everyone has settled, call out a number. Whoever was on that island is now out of the game. The island will also be sunk (take the paper off the floor).

Once again get your young people to run around the room until you shout 'Islands'. This time, let the last person out decide which number to call (always let the person who was just out, decide the next number). The game carries on until there is only one person left in the game.

Taking it a step further:

- If you have a small group, have more islands than young people. If an empty island is called out, then everyone survives that round.
- Instead of running around the room each time, get them to do different actions each time. For example - skip, hop, walk backwards, ski, dance etc.
- If you want to, change the numbers to different things. You could use modes of transport, football stars, sports, superheroes etc.



Equipment:

- Pieces of paper
- Pen

Details:

Age - Anchors

Time - 10 Minutes

Difficulty - 1/5

