



# Sorting The Programme

Give your young people a voice and let them help to sort out your programme of activities for the session.

## How?

It can be really easy to repeat the same activities year in year out, without taking the time to review those activities or come up with new ones. However by using this simple method, you can let your young people show you what they like, dislike and give them the opportunity to suggest some new ideas.

To start, write these four headings onto separate pieces of paper and spread them out on a table or on the floor.

**Never Again!**      **Maybe Not This year**      **Yes Please**      **100% Have To Do!**

You will also need small strips of paper which have a wide range of activities on them. To get a good range of activities it might be useful to look back at the last few sessions and write out any activities you have done. The below attachment has some ideas you can cut into squares to get you started. Also make sure you have plenty of blank strips of paper, so your young people can write down their own activities and ideas.

Now get your young people to go through the activities and place them under one of the four headings. Encourage them to discuss this as a group and work together to decide where each activity ends up. Remind them they can add as many extra activities into the discussion as they like.

Let the discussion between your young people flow and see what ideas come forward. The more youth led this activity is, the better!

Once they have finished sorting the activities make sure you take a photo or write it all down, so you have a record of what has been discussed.



Hopefully by the end of the night you will have plenty of suggestions and ideas to help plan an engaging, exciting and successful programme.



## Materials:

- Paper

## Details:

Age - Company / Seniors

Cost - None

Time - 20 - 30 Minutes

Difficulty - 1/5



<b>Themed Nights</b>	<b>Football</b>	<b>Quiz Night</b>	<b>Christmas Party</b>
<b>Cooking</b>	<b>Trip to a Theme Park</b>	<b>D of E Award</b>	<b>Craft Activities</b>
<b>First Aid</b>	<b>Drill</b>	<b>Music</b>	<b>Drama</b>
<b>Science Activities</b>	<b>DIY Skills</b>	<b>Money Skills</b>	<b>Snooker / Table Tennis etc</b>
<b>10 Pin Bowling</b>	<b>Giant Hungry Hippos</b>	<b>Film Night</b>	<b>Milkshake Making</b>
<b>Paintballing</b>	<b>LazerZone</b>	<b>Volleyball</b>	<b>Dodgeball</b>
<b>Film Production</b>	<b>Recycling</b>	<b>Sleepover</b>	<b>Swimming</b>
<b>Building with LEGO</b>	<b>Basketball</b>	<b>Photography</b>	<b>Roller Skating</b>