



Team Building Games

A new session at BB usually means new members, new teams and therefore a new way of doing things. Using some team building games, help your new members and new teams work as one.

Dots

Each participant is given a coloured dot that is placed on their forehead. Without talking, they have to find out what colour their dot is and find others who have the same colour dot.

Why? - It gets young people working together and finding new ways to communicate.

All Aboard

A team has to fit everyone within a designated circle for a minimum of 10 seconds without anyone falling out of the circle. With each successful attempt, the circle gets smaller and smaller

Why? - Get your young people working as a team and coming up with clever ideas to solve the problem

The Letter Game

Call a letter out and each team has to form that letter by using their bodies. Laying on the floor works best for this.

Why? - Again this will help your Anchors / Juniors work as one whilst also allowing certain team members to take the lead.

Blind Retriever

Split into teams and blindfold one member of each team. That member then has to retrieve an item whilst under the guidance of their team. The first team to retrieve the item is the winner.

Why? - Helps to build trust and confidence within a team. It also helps young people to communicate with one another.



Equipment:

- Small dot stickers
- Chalk / Masking tape
- Blindfold

Details:

Age - Anchors / Juniors

Time - 10 - 15 Minutes

Difficulty - 2/5

